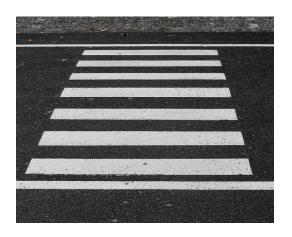# COURSE CURRICULUM FOR FIRST PROFESSIONAL BUMS

(PRESCRIBED BY NCISM)

TRANSITIONAL CURRICULUM

**(Applicable from 2021-2022 batch onwards for five years or
until further notification by NCISM, whichever is earlier)**

ncism

प्राणाभिसर: प्राणायतनानाम्

BOARD OF UNANI, SIDDHA AND SOWA RIGPA
NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE
NEW DELHI-110058

SCAN
ME

Transitional

TRANSITIONAL CURRICULUM FOR FIRST PROFESSIONAL B.U.M.S

(Academic Session 2021-2022)

Introduction:

The students getting admitted to the Unani graduate course (B.U.M.S) are from different backgrounds, different regions having different cultural and linguistic backgrounds. Their educational qualifying qualifications are also from diversified curriculums, i.e., state syllabus, CBSE, ICSE etc. studied in different mediums of language. Unani is a unique medical system with subjects and terminologies that are different and typical. Hence, there is a need to transit students of diversified backgrounds to the unique Unani Medical Science.

Objectives of Transitional Curriculum:

1. Orientation of the college/institutional campus and the available facilities
2. Introduction of the officials of the campus, hierarchy and their roles.
3. Orientation to office procedures, campus rules and regulations, code of conduct and dress codes, if any, rules and procedures for availing leave, procedures for availing library facility, anti-ragging committee & squad, safety apps, and so on.
4. Introduction to various medical systems, scope of Unani nationally and internationally, higher education in Unani, job opportunities, entrepreneurship, etc.
5. An overview of the BUMS curriculum and the subjects
6. Orientation of regulatory and governing bodies and introduction of their heads
7. Urdu and Arabic Language orientation and spoken Urdu and Arabic
8. Goal setting
9. Basic Life Support (BSL) Training
10. Orientation of basic computer skills
11. Personality development, Team building, Gender sensitisation etc.

Course Outcomes: by the end of Transitional Curriculum, the students will be:

1. Familiar with the campus, infrastructure and facilities, officials and their roles
2. Understand and become familiar with the rules, regulations, and various procedures of the college/institution.
3. Understand the code of conduct and campus behaviour.
4. Understand the scope of Unani and opportunities.
5. Familiar with the BUMS curriculum and subjects
6. Acquainted with regulatory/governing bodies
7. Capable of performing BSL
8. Acquire basic computer skills.
9. Improve communication and conversation skills in Urdu and Arabic.
10. Develop leadership qualities.
11. The ability to set goals

Duration of the Course:

The Transitional Curriculum shall be of **ninety hours (Preferably 6hrs X 15 days)**.

Guidelines to conduct the Transitional Curriculum:

Colleges/Institutes shall prepare a day wise **time table for 90 hours** as per the availability of experts and resources in accordance with the guidelines provided by NCISM as detailed in **Table-1**

TABLE-1: DETAILS OF TRANSITIONAL CURRICULAR ACTIVITIES & DURATION

SR.NO	TRANSITIONAL CURRICULAR ACTIVITIES	DURATION (HOURS)
1	**Inaugural Function/Induction Programme:** ➢ Students and parents are to be involved. ➢ Institutional profile (origin & history of the institution, introduction of society/trust, achievements/innovations of the college/institution, collaborations etc.) presentation by the principal or senior faculty member. ➢ Opinions by senior students ➢ Address of the chief guest (if invited) ➢ Parent interaction, information and instructions.	2-3
2	**Pre-Test, Post-Test & Feedback:** ➢ Pre-Test & Post-Test shall be from the same questionnaire. ➢ The test shall comprise questions on awareness of Unani, BUMS programme details like full form of BUMS, duration etc., about the institution, Urdu and Arabic knowledge, computer skills, regulatory bodies, opportunities after BUMS etc. ➢ The questions shall be within the framework of the transitional curriculum. ➢ The questionnaire should include 30–50 questions. ➢ Google forms are preferred. ➢ Results of the pre-test and post-test are compared. Post-test results must indicate that students achieved the course outcomes. If any aspects are not improved or understood by many students, such aspects need to be addressed. ➢ Feedback is to be obtained on the content of the transitional curriculum as well as the mode of conduction. Suggestions for further improvisation.	2-3
3	**Know Your Campus:** ➢ A guided tour of the entire campus and facilities ➢ Officials from the respective units are introduced. ➢ Activities and achievements of units and facilities ➢ Students are to be made into batches of suitable size and guided by faculty members.	5-7
4	**Orientation Lectures:** ➢ Institutional officials and their roles in the hierarchy ➢ Rules and regulations of the campus, code of conduct, and dress codes, if any. ➢ An Introduction to various medical systems ➢ Unani's national and international reach, higher education in Unani, job opportunities, entrepreneurship, etc. ➢ An Overview of the BUMS curriculum and the subjects, including highlights of the Minimum Standards of Education-2021. ➢ Orientation of Regulatory/Governing Bodies (Ministry of Ayush, NCISM, affiliated universities, State Commissionerate/ Directorate, etc.) and introduction of their heads. ➢ Gender sensitisation	17-20

	➢ ASUS (Ayurveda, Siddha, Unani, and Sowa-Rigpa) medical systems and their roles in primary health care, public health, and disease prevention. ➢ Orientation to learning methods: self-learning, collaborative learning, lifelong learning strategies, time management, examination strategies, etc. ➢ Role of Ayush in COVID-19 management and its scientific outcomes (Ref. Ministry of Ayush Dossier) ➢ National Health Status, Goals and Policies ➢ Personal health and hygiene	
5	**Demonstration of Procedures:** ➢ Office related, library related, internet related, leave related, campus behaviour, availing health care facilities etc.	2-3
6	**Motivational Lectures:** ➢ By eminent personalities. ➢ Five to ten talks may be organised. ➢ One to two international speakers are desirable.	5 - 6
7	**Urdu and Arabic Language orientation & Spoken Urdu and Arabic**	15 - 20
8	**Computer Skill & Apps Installation:** ➢ Computer basics, MS Office (MS Word, Power Point, Excel, etc.), creation of e-mail ID, e-mail correspondence, Internet browsing, etc. ➢ Safety Apps installation: 122 India; Mysafetipin; CitizenCOP; Himmat; Shake2safety; Raksha; Smart24x7	10-12
9	**Basic Life Support:** ➢ Theoretical explanation and technique demonstration ➢ Hands-on training for all students ➢ Sufficient mannequins (one for each 10 students) or models are to be arranged for enough exposure and practice.	5-6
10	**Personality Development & Recreation:** ➢ Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, speaking in front of an audience, etc. ➢ Team building activities ➢ Stress management, including yoga and meditation, relaxation techniques, ➢ Health awareness, Fitness, and Hygiene ➢ Recreational activities and talent show (During the talent exhibition, talented students are to be identified and recorded. Such students are encouraged to participate in institutional activities and to participate in various competitions. If required, training may be provided)	15-17
11	**Goal Setting:** ➢ Any faculty member or expert in goal setting can instruct the student on "How to Set Goals." ➢ After orientation, students set their goals and the path to achieve them with the help of experts and mentors. ➢ The set goals shall be recorded and signed by the student and mentor. One copy with the student and one copy filed in the office. ➢ At the end of BUMS program, the set Goals are to be assessed in terms of achievement.	2-3